AMENDMENTS TO THE CLAIMS

1. - 4. (Cancelled).

5. (Currently Amended) A method for treating an individual with a mood disorder having at least one symptom selected from the group consisting of depressed mood, feelings of guilt, suicide, and retardation: psychomotor, each symptom being assessed according to the assessment method by the Hamilton scale, comprising

administering an effective amount of a composition comprising theanine to the individual in need thereof,

wherein said mood disorder is distinct from mood disorders associated with menstruation; and

wherein said individual is a normofolatemic patient.

6. (Cancelled)

- 7. (Previously Presented) The method of claim 5, wherein said composition is administered as a food or beverage.
 - 8. (Cancelled)

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- 9. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is feelings of guilt.
- 10. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is suicide.
- 11. (Previously Presented) The method of claim 5, wherein said symptom of a mood disorder is retardation: psychomotor.
 - 12. (Cancelled)
- 13. (New) The method of claim 5, wherein said normofolatemic patient shows a normal folate plasma level of from 3 to 17 ng/ml.